Longridge Church of England Primary School
Berry Lane, Longridge, Preston PR3 3JA
Head Teacher- Mrs C Parkin BA MEd NPQH
www.longridge-cofe.lancs.sch.uk

Dear Parents/Carers,

Starting on Thursday 19th November, Class 4 will be having swimming lessons every Thursday. Children will need to be in school by 8:40 for us to leave promptly at 8:50 am.
Please can you ensure that your child has an appropriate swimming kit in school every Thursday for their swimming lesson.

The following advice is from Ribblesdale Pool:

Recommended clothing;

- Boys – Trunks, lycra shorts above the knee or swimming shorts above the knee with the netting inside.
- Girls – a one piece swimming costume.

Pupils with long hair should have it secured with a hair band/bobble or a swimming cap.

All jewellery should be removed because of the potential for injury to wearer and other children. In circumstances where stud earrings can't be removed, we will allow children to swim if the earrings are made safe i.e. covered up with a plaster

If your child needs an inhaler, this must be with them when they go swimming.

Goggles for beginners should only be used in exceptional circumstances when chemicals in the water may have an adverse effect on pupils' eyes. If your child needs to wear goggles for swimming, these must be provided by you.

Any questions, please do not hesitate to ask.

Kind regards,
Miss White